

**Single & Single Again TUES NITES Meal, Message & Mixer**  
**“Landmines & Lifelines for Singleness & Dating – Part 3 Dating”**

**By Jane Stolz**

Jane Stolz’s video teaching, handout, and audio Mp3 file of this message will be online to share with others at  
[www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

**Genesis 1:26 – 27**

*Then God said, “Let us make man in our image, in our likeness, and let them rule over the fish of the sea and the birds of the air, over the livestock, over all the earth, and over all the creatures that move along the ground.”  
So God created man in his own image, in the image of God  
He created him; male and female he created them.*

Genesis describes Man and Woman being made in the image of God. We are a reflection of what He is like.

We have **Emotions**

We are **Creative**

We have a sense of what is right or wrong

We Desire to be in **Relationship**

He Loves us Deeply and We long to be **Loved Deeply**

**Men’s Primary Need:**

To feel **Honored** and **Respected**

**Men’s Secondary Need:**

To feel **Loved** and **Cherished**

*Ladies - Men need to feel appreciated, built up, they want us to be proud of them ladies! This isn’t in an unhealthy way of flattery, their ego (narcissism), or to bow down to them. This is meant in a healthy way of loving them.*

**Women have a Primary Need:**

To feel **Loved** & **Cherished**

**Women also have a Secondary Need:**

To feel **Honored** and **Respected**

*Guys – A Woman needs to feel special. She needs to know she is the only one!  
That no-one can take her place.*

*If you are to marry – Paul gives us this instruction –  
Husbands love your Wives, Wives respect your Husbands.*

**Verses Being Used Tonight:**

**Song of Solomon 1: 8-17**

**Song of Solomon 2: 1-7**

Three (3) things desperately needed:

- 1). **TIME**
- 2). **REGARD**
- 3). **RESPECT**

### **Marry Your Best Friend!**

Song of Solomon 2:1 *I am a rose of Sharon, a lily of the valleys.*

**Now she knows she is special.** Notice the flowers – Rose and Lily they grow alone, not in bunches. She knows she is special because he treats her so well.

Song of Solomon 2:2 *Like a lily among thorns is my darling amount the maidens*

**Among all the women, she is the only one.**

Song of Solomon 2:3 *Like an apple tree among the trees of the forest is my lover among the young men I delight to sit in his shade, and his fruit is sweet to my taste.*

**Hands off guys – she is mine! Want a girl to admire you? Nourish, Cherish, Never treat her in a hard way.**

Song of Solomon 2:4 *He has taken me to the banquet hall; and his banner over me is love.*

**They now are in a public place – he treats her well.**

Song of Solomon 2:5 *Strengthen me with raisins; refresh me with apples, for I am faint with love.*

**She wanted him!**

**She is passionate!**

Song of Solomon 2:6 *His left arm is under my head, and his right arm embraces me.*

**It means One with you – This is the position of passion**

Song of Solomon 2:7 *Daughters of Jerusalem, I charge you by the gazelles and by the does of the field: Do not arouse or awaken love until it so desires.*

**He says – it's good, but not yet! The GUY takes the initiative he says we must wait until the right time. Admiration – Restraint**

**It's natural to feel this way  
Remember God gives us passion and desire!**

**We have to be careful not to build on this  
It's called the Law of diminishing returns!  
This is Natural – It's the way God gears us**

**Hand to Hand  
Hand to Shoulder  
Hand to Waist  
Face to Face  
Hand to Head  
Body to Body  
Mouth to face  
Mouth to Mouth  
Hand to Body  
Body to Body**

**Build A Firm Foundation!**

**Intellectual  
Emotional  
Spiritual  
Physical**

When dating, build that foundation strong. Have fun! Be with your best friend. Love each other. **Spend Time, have Regard for one another, Respect one another.** If you build the firm foundation, then and only then should the **Physical is brought in** preferably in the sanctity of marriage.

## Table Discussion Questions for this week:

1. What do you think of the Primary Needs of both Men and Women?
2. When thinking about Dating are you scared or are you comfortable at the thought of it? Why?
3. Looking at the verses from the Song of Solomon, Does this look like a “fairy tale” or can you see this being helpful in future dating relationships?
4. Ladies, if a man treated you the way the man did in Song of Solomon would you have a problem submitting to him?
5. Men, do you think you could take the initiative and do a relationship as the man did in Song of Solomon?
6. What did you find helpful tonight?



## HELPFUL TIPS for Great Table Discussions Each table should have a designated Table Host.

### 1. Use God’s ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

### 2. Smile and be friendly.

Avoid excessive complaining about people or personal problems.

### 3. God’s grace rules the day

Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.

### 4. Moving the discussion along.

Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.

### 5. Help for the hurting:

This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.