

Single & Single-Again TUES NITES Meal, Message & Mixer **Healthy Relationships.....Being The Best You Can Be – How To Be More Loveable!**

Jane Stolz' video teaching, handout, and audio Mp3 file of this message will be online to share with others at www.christiansinglesindenver.com

How to Become More Lovable

We think we should **G** _____ love and not expect to receive it. We believe the ideal Christian is constantly doing good and being compassionate toward others, looking for nothing in return. That may sound noble, but the truth is that **God created us with the natural desires to love and to be loved.**

We want to be **H** _____. It can seem arrogant for a single Christian to say, "I'm a lovable person. I'm worthwhile and deserve to have someone care deeply about me."

Achieving a Healthy Balance

As single Christians, striving for a healthy balance means being neither **N**_____ nor **C**_____.

The Most Lovable Person Who Ever Lived

Down through the centuries, billions of people have deeply loved someone they never met: Jesus Christ.

Becoming More Like Jesus

We become more lovable by becoming more like Jesus. We do that by **S**_____ our life to God.

Ten Actions to Be More Appealing

- 1. Be Light**
- 2. Like Yourself**
- 3. Set Boundaries**

Single & Single-Again TUES NITES Meal, Message & Mixer
Healthy Relationships.....Being The Best You Can Be – How To Be More Loveable!

Jane Stolz' video teaching, handout, and audio Mp3 file of this message will be online to share with others at
www.christiansinglesindenver.com

4. Show Kindness to Everyone

5. Laugh at Yourself

6. Show Affection

7. Be Real

8. Have Integrity

9. Be Surprising

10. Love Unconditionally

Attitude

*“Attitude is a little thing
that makes a huge
difference”*

Single & Single-Again TUES NITES Meal, Message & Mixer
Healthy Relationships.....Being The Best You Can Be – How To Be More Loveable!

Jane Stolz' video teaching, handout, and audio Mp3 file of this message will be online to share with others at www.christiansinglesindenver.com

People with good attitude and manners are much more in demand than those with poor attitude and bad manners. Though with the advancement of time, majority of the people often think that only cleverness can make them successful in their life but they do not understand that God has placed the ability to judge good or bad things in human's mind. We cannot change that and a person with good values and behavior will always be appreciated. If today people are not giving value to a good person tomorrow they surely will. No matter how much money and luxuries you have, if you do not have a good heart and you do not care for the feelings of those around you, they will not feel comfortable in your presence.

“Some people cause
happiness wherever they
go and some
whenever they go”

1. **Caring**
2. **Be Understanding**
3. **Be Helping**
4. **Be A Good Listener**
5. **Be Motivating**
6. **Be Yourself**
7. **Do not talk bad about others**
8. **Personal Appearance**

Gratitude

Gratitude also makes you happy. It's hard to be unhappy when you're reminding yourself of all the good things you have going for you. And, happiness also attracts all sorts of great things.

People are drawn to happy people.

Single & Single-Again TUES NITES Meal, Message & Mixer

Healthy Relationships.....Being The Best You Can Be – How To Be More Loveable!

Jane Stolz' video teaching, handout, and audio Mp3 file of this message will be online to share with others at www.christiansinglesindenver.com

Discussion Questions:

We all want to be loved. Have you felt selfish for wanting to be loved? If so, why do you think that is?

As Single Christians, we need a healthy balance being neither needy nor cold. Do you tend to find yourself at one or the other? What do you think you can do differently to become more balanced?

What kind of people are you typically drawn to? Balanced, confident, needy, complainers etc..... How do you think you can change that or do you need to?

Loving others takes risk. How are you at taking those kinds of risks these days? When God calls us to love one another, even when we possibly can be hurt, how do you love? All in or cautious?

Out of the 10 Actions to be more appealing, which do you think you struggle with the most? Why? How about the other attributes that were discussed?

How is your attitude & gratitude these days? Do you want to change anything? How can you pray for one another?



HELPFUL TIPS for

Great Table Discussions

Each table should have a designated

Table Host.

1. Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

2. Smile and be friendly.

Avoid excessive complaining about people or personal problems.

3. God's grace rules the day

Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.

4. Moving the discussion along.

Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.

5. Help for the hurting:

This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.