## Single & Single-Again TUES NITES Meal, Message & Mixer HELP I THINK I'M FALLING IN LOVE

Jane Stolz's video teaching, handout, and audio Mp3 file of this message will be online to share with others at <a href="https://www.christiansinglesindenver.com">www.christiansinglesindenver.com</a>

### **Proverbs 4:20-27**

20My son, pay attention to what I say; turn your ear to my words. 21Do not let them out of your sight, keep them within your heart; 22for they are life to those who find them and health to one's whole body. 23Above all else, guard your heart, for everything you do flows from it. 24Keep your mouth free of perversity; keep corrupt talk far from your lips. 25Let your eyes look straight ahead; fix your gaze directly before you. 26 Give careful thought to the paths for your feet and be steadfast in all your ways. 27Do not turn to the right or the left; keep your foot from evil.

### **1 Corinthians 13: 1-13**

And yet I will show you the most excellent way. Ilf I speak in the tongues of men or of angels, but do not have love, I am only a resounding gong or a clanging cymbal. 2If I have the gift of prophecy and can fathom all mysteries and all knowledge, and if I have a faith that can move mountains, but do not have love, I am nothing. 3If I give all I possess to the poor and give over my body to hardship that I may boast, but do not have love, I gain nothing. 4Love is patient, love is kind. It does not envy, it does not boast, it is not proud. 5It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. 6Love does not delight in evil but rejoices with the truth. 7It always protects, always trusts, always hopes, always perseveres. 8Love never fails. But where there are prophecies, they will cease; where there are tongues, they will be stilled; where there is knowledge, it will pass away. 9For we know in part and we prophesy in part, 10but when completeness comes, what is in part disappears. 11When I was a child, I talked like a child, I thought like a child, I reasoned like a child. When I became a man, I put the ways of childhood behind me. 12For now we see only a reflection as in a mirror; then we shall see face to face. Now I know in part; then I shall know fully, even as I am fully known. 13And now these three remain: faith, hope and love. But the greatest of these is love.

Whenever we have something	g of value, we make sure we ${f P}$ _	it.
Above all else guard your hea	art, for everything that you do ${f F}$ _	from it."
The heart is that part of us that things.	nt is A or D	toward other
	ulture that tells us, follow your d go after what you want.	heart
Now the reason the bible tells	s us to guard our hearts is because	e, our heart can lead
us to make P C	The choices we make	today are going to

determine our circumstances and situations in the future.

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We are under the impression, that falling in love will automatically build a great relationship (and it can), however, falling in love is actually the result of too people connecting on an <b>E L</b> in which a certain type of chemistry is produced.
We have established that the choices that we are making today are going to show up in our futures.
If we are <b>S</b> before our relationships, guess what, we will probably be <b>S</b> during the relationship.
God's word and plan tells us what is needed in a relationship to make it healthy and alive. But we tend not to work on the relationship building part, we just like to enjoy the chemistry.
The bible has almost nothing to say about finding the right person. However, it does tell us a lot about <b>B</b> the right person. You see, once again who we are prior to our relationships, is most probably who we will be during the relationship.
Living in a relationship requires a willingness to be changed by the spirit of God. God will keep chemistry alive in any relationship, so long as we open our hearts to loving each other in the way he determined it will happen.

We guard our hearts the most effectively, when we allow Jesus Christ to be the most important influence in the decisions that we make.

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### **Discussion Questions**

- 1. What are you currently guarding in your life?
- 2. If you were to guard your heart according to God's plan, how would that possibly change certain areas of your life now?
- 3. In a dating relationship, what attributes do you look for in a person?
- 4. What would you change in your own character to live a 1 Corinthians 13 life?

## HELPFUL TIPS for Great Table Discussions

## Each table should have a designated Table Host.

### Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

### 1. Smile and be friendly.

Avoid excessive complaining about people or personal problems.

### 2. God's grace rules the day

Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.

### 3. Moving the discussion along.

Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.

### 4. Help for the hurting:

This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.