

## Single & Single-Again TUES NITES Meal, Message & Mixer

### Is There Anything for Me?

Jane Stolz's video teaching, handout, and audio Mp3 file of this message will be online to share with others at [www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

#### 1 Corinthians 7:32-7:35

*32 I would like you to be free from concern. An unmarried man is concerned about the Lord's affairs—how he can please the Lord. 33 But a married man is concerned about the affairs of this world—how he can please his wife— 34 and his interests are divided. An unmarried woman or virgin is concerned about the Lord's affairs: Her aim is to be devoted to the Lord in both body and spirit. But a married woman is concerned about the affairs of this world—how she can please her husband. 35 I am saying this for your own good, not to restrict you, but that you may live in a right way in undivided devotion to the Lord.*

Singles, whether young or old, are often known for taking advantage of their singleness.

And you know what God says about that? Live on! But as you do, He wants you to take advantage of two tremendous opportunities that will make your life truly care free.

#### **Opportunity #1: Get to know God like no one else.**

Singles have the unique opportunity to **G** \_\_\_\_\_ in the Lord like no one else can. They can get to know God on the **D** \_\_\_\_\_ of levels.

I challenge you to discover the following things about God.

**First, discover God's ability to S \_\_\_\_\_.**

**I challenge you to discover God's G \_\_\_\_\_ – for it certainly is amazing.**

**“The most terrible poverty  
is loneliness and the feeling  
of being unwanted.”**

**Mother Teresa**

#### **Opportunity #2: Get to know yourself like God knows you.**

As a single, **G** \_\_\_\_\_ the opportunity to discover who God says you are. As you do so, you might have to deal with your past. You might have to clean out some closets, pray through some memories, and sledge some stuff out of your life. But God will help you.

You might also have to get a handle on your present. You might need to limit time with certain

## Single & Single-Again TUES NITES Meal, Message & Mixer

### Is There Anything for Me?

Jane Stolz's video teaching, handout, and audio Mp3 file of this message will be online to share with others at [www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

friends who drag you down. You might need to make being in God's house more of a **P** \_\_\_\_\_. You might need to slow down on some secular care free living so you can discover the true care free life.

You can only discover and get in on God's great plans for you by seeking him with all your heart. You've got to **K** \_\_\_\_\_ God like no one else, know yourself like God knows you, and then give yourself completely over to God.

**“Without God there are some things you cannot do.  
Without you there are some things God will not do.”**

What did Jesus say in **John 15:4-5**? *“Remain in me, and I will remain in you. No branch can bear fruit by itself it must remain in the vine. Neither can you bear fruit unless you remain in me. I am the vine, you are the branches. If a man remains in me and I in him, he will bear much fruit; apart from me you can do nothing.”* **Without God there are some things you cannot do. Like have a truly care free, abundant life!**

But also – without you there are some things God will not do. A great example is found In **Ezekiel 22:30-31** when God says, *“I looked for a man among [the people of the land] who would build up the wall and stand before me in the gap on behalf of the land so I would not have to destroy it, but I found none.”*

**What if God wants to do something incredible with you, but you are too lazy or too stubborn or too self-centered or too disinterested to help God accomplish it?**

### The Power of Solitude

- **Loneliness:** the feeling of being detached, isolated
- **Solitude:** aloneness that we choose

The purpose of **S** \_\_\_\_\_.

To spend time alone fellowshiping with God and letting God fellowship with you.

### Results of solitude:

- More productivity
- Save time
- Divine energy
- Protective knowledge
- He will surprise you with His promises

## Single & Single-Again TUES NITES Meal, Message & Mixer

### Is There Anything for Me?

Jane Stolz's video teaching, handout, and audio Mp3 file of this message will be online to share with others at [www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

#### How do you turn loneliness into solitude?

- Look at it as a gift from God
- See it as a wonderful opportunity to get to know God.

#### Discussion Questions

1. How do you take advantage of your Singleness?
2. **In discovering God's ability to Satisfy and Discovering God's Grace which one do you feel might be more difficult to do? Why?**
3. *"For I know the plans I have for you,' declares the Lord, 'plans to prosper you and not to harm you, plans to give you hope and a future.'"*

Jeremiah 29:11

Do you believe this? Or are you so wrapped up in the one goal of finding a mate that you can't see the great plans God has for you?  
Talk about it.
4. **Do you think more about your singleness and being lonely or do you take advantage of Solitude and take the opportunity to get to know God better? What can you do to improve in this area?**
5. Take some time to pray for one another.

#### HELPFUL TIPS for Great Table Discussions

**Each table should have a designated  
Table Host.**

#### Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

1. **Smile and be friendly.**  
Avoid excessive complaining about people or personal problems.
2. **God's grace rules the day**  
Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.
3. **Moving the discussion along.**  
Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.
4. **Help for the hurting:**  
This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.