

Single & Single-Again TUES NITES Meal, Message & Mixer

Discernment – Using Your Head

Jane Stolz and Chance Foreman's video teachings, handouts, and audio Mp3 files will be online to share with others at www.christiansinglesindenver.com

Does God have one right choice for me in each decision I make?

First - God not only knows and loves us in general but that He cares about every detail of our lives.

Second - He has given us free will and reason because He wants us to use it to make decisions.

If you truly love God and his will,
then doing what you will, will, in
fact, be doing
what God wills.

Five general principles of discernment of God's will

- Always begin with **D** _____.
- Let your heart educate your **M** _____.
- Have a **S** _____ Heart but a **H** _____ Head.
- All God's signs should **L** _____ **U** _____.
- Look for the **F** _____ of the **S** _____.

Does God have just one right choice for me to make each time?

Clues:

Relax and **E** _____.

Most do not have knowledge of God's will in **E** _____ single choice.

The gospel frees us from sin and its consequences, but not **S** _____ and uncertainties.

God wants his chorus to sing in harmony, but not in unison. As long as you love God and act within his law, he wants you to **E** _____ life.

Peace is a **M** _____ of the Holy Spirit.

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Goodness is multicolored. Only pure evil L _____ color and variety.

God writes the story of our lives with the pen strokes of our own F _____ choices.

Use Your Head

**Jesus was a man of great discernment, and if we want to be like him,
we have to allow the Holy Spirit to teach us discernment.**

Having discernment means you E _____ things.

You don't just automatically A _____ what somebody tells you. You C _____ it out.

We need to learn to discern and be aware of what we're allowing into our M _____.

Romans 12:2

2 Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.

John 7:24

*24 Stop judging by mere appearances, but instead judge correctly." (NIV)
24 Don't be nitpickers; use your head—and heart!—to discern what is right, to test what is authentically right." (MSG)*

Luke 11:35

See to it, then, that the light within you is not darkness.

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Discussion Questions:

How would you rate your discernment level? What would you say that you struggle with the most?

Do you think you walk in His will or do you tend to walk more in your own "free will?" Explain. How can you improve in this area?

How do you enjoy life? Do you struggle with compromising your faith when enjoying life?

You can be too modern, too experimental or you can also be too classical, too rigid? Where do you tend to lean more?

If you used discernment to evaluate what you read, listen to, and watch, what would change about how you spend your time?

HELPFUL TIPS for Great Table Discussions

**Each table should have a designated
Table Host.**

Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

1. Smile and be friendly.

Avoid excessive complaining about people or personal problems.

2. God's grace rules the day

Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.

3. Moving the discussion along.

Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.

4. Help for the hurting:

This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.