

Single & Single-Again TUES NITES Meal, Message & Mixer

Integrity vs. Popularity

Jane Stolz & Chance Foreman's video teachings, handouts, and audio Mp3 files of messages will be online to share with others at www.christiansinglesindenver.com

*“Whoever is ashamed of me and my words, the Son of Man will be ashamed of them when he comes in his glory and in the glory of the Father and of the holy angels.”
(Luke 9:26 NIV)*

One day, you'll give an account of your life before God.

Remember these truths:

Remember what Jesus Christ did for me on the **C** _____.

Remember that one day I'm going to give an **A** _____ to God.

Tell the **T** _____, and I let the chips fall.

Article
Forbes Nov 28, 2012 by
David Williams

Personal integrity is the quality of being honest with yourself and others, and living a life that is aligned with your moral principles.

Developing personal integrity requires examining your beliefs and value system, and taking conscious steps to behave in ways that are consistent with your belief in following Jesus Christ.

Identify aspects of **Y** _____ behavior that require change

Determine **Y** _____ reasons for not behaving with greater personal integrity

Face the obstacles that cause **Y** _____ to lie or violate your moral code

Practice **T** _____

Make a **L** _____ of tasks and behaviors in which you will become more trustworthy

Listen to and **R** _____ the opinions and decisions of others

Help **O** _____ in need

Assess **Y** _____ progress

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Enlist the **H** _____ of others

Integrity is a quality that encompasses truthfulness, credibility and sincerity. Integrity manifests itself in the way a person speaks to, guides and reacts to others. Demonstrating integrity requires developing self-awareness, adhering to a strict moral code and communicating truthfully with people, regardless of the complexity of the situation or the possibility of negative consequences.

*"To thine own self be true, and it
must follow, as the night the day,
thou canst not then be false to any
man."*

William Shakespeare, 1564-1616

Improve yourself by building your character.

- Character is the sum of qualities shown up in a person, moral or ethical strength, and the description of a person's attributes, traits and abilities. Character is *who you are*. It defines you and guides your actions, hopefully in a positive way.
- Integrity is steadfast adherence to a strict moral or ethical code, being unimpaired, sound, whole and undivided; completeness.
- Integrity can be summed up simply as doing the right thing for the right reason even when no one is watching.

Ten Commandments

Look at the choices you've made in your past, and observe how much you have or haven't lived by those principles

Decide what you must change in your behavior to align your life more closely to what you believe.

Be conscious every day of the decisions you make, however big or small, and how close they bring you to being the person you really want to become.

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First Commandment

"You shall have no other gods before me.

Second Commandment

"You shall not make for yourself an idol in the form of anything in heaven above or on the earth beneath or in the waters below. You shall not bow down to them or worship them; for I, the LORD your God, am a jealous God, punishing the children for the sin of the fathers to the third and fourth generation of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments.

Third Commandment

"You shall not misuse the name of the LORD your God, for the LORD will not hold anyone guiltless who misuses his name.

Fourth Commandment

"Observe the Sabbath day by keeping it holy, as the LORD your God has commanded you. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your ox, your donkey or any of your animals, nor the alien within your gates, so that your manservant and maidservant may rest, as you do. 15 Remember that you were slaves in Egypt and that the LORD your God brought you out of there with a mighty hand and an outstretched arm. Therefore the LORD your God has commanded you to observe the Sabbath day.

Fifth Commandment

"Honor your father and your mother, as the LORD your God has commanded you, so that you may live long and that it may go well with you in the land the LORD your God is giving you.

Sixth Commandment

"You shall not murder.

Seventh Commandment

"You shall not commit adultery.

Eighth Commandment

"You shall not steal.

Ninth Commandment

"You shall not give false testimony against your neighbor.

Tenth Commandment

"You shall not covet your neighbor's wife. You shall not set your desire on your neighbor's house or land, his manservant or maidservant, his ox or donkey, or anything that belongs to your neighbor."

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Discussion Questions:

Have you been in a situation where you knew you should have given a response that was of Godly truth and yet you took the “cop-out” answer? After tonight, would you still take the “cop-out” response or would you stand for truth?

How can you change a situation so you are more likely to honor God with your words?

Are you currently living up to a higher standard, or has your life been about the world and the things of worldly acceptance? Is this something you are challenged with? What would it take to live your life to a higher standard?

When looking at a potential partner or even a friendship, it seems that everyone says Integrity and Character are important to them in these relationships. Why are these important qualities in a healthy relationship? Can you be a person of Integrity and Character in a relationship? What do you think you need to do in order to be better?

HELPFUL TIPS for Great Table Discussions

**Each table should have a designated
Table Host.**

Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

1. Smile and be friendly.

Avoid excessive complaining about people or personal problems.

2. God's grace rules the day

Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.

3. Moving the discussion along.

Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.

4. Help for the hurting:

This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.