

Single & Single-Again TUES NITES Meal, Message & Mixer

Submit To One Another

Jane Stolz's video teaching, handout, and audio Mp3 file of this message will be online to share with others at www.christiansinglesindenver.com

Something that can transform every relationship you have in the future!

Ephesians 5:21 "Submit to one another out of reverence for Christ,"

Seven Things We Must Do In Order To Submit To One Another

1. Carry each other's **B** _____.
Galatians 6:1-2 says that if a brother is caught in sin, those who "live by the Spirit" should "restore that person gently."
2. **C** _____ each other.
Hebrews 10:24 says it best. "Consider how we might spur one another on toward love and good deeds."
3. Speak **T** _____ in **L** _____.
Proverbs 27:6 "Wounds from a friend can be trusted, but an enemy multiplies kisses."
4. **S** _____ each other.
5. **E** _____ each other.
6. Don't **E** _____ each other.
7. **C** _____ your faults.
James 5:16 says, "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective."

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Discussion Questions:

1. What has your thought always been about submission? Has is scared you or challenged you? Does this lesson give you more comfort in knowing how to submit to one another?
2. What challenges do you face with this lesson?
3. Have you been a friend that can confront and stand by someone or have you left/run? Do you avoid?
4. Do you feel this kind of submission can make you a better friend to someone?

Spend some time praying for one another at your table.

Prayer Requests:

HELPFUL TIPS for Great Table Discussions

Each table should have a designated Table Host.

Use God's ear-to-mouth ratio:

Listen two times more than you speak. 1 or 2 people should not dominate the time, and EVERYONE should contribute during the discussion.

1. **Smile and be friendly.**
Avoid excessive complaining about people or personal problems.
2. **God's grace rules the day**
Recognize that everyone will not always agree – be gracious and give grace to one another. People are at different places in their spiritual walk and in their life journey.
3. **Moving the discussion along.**
Table host/facilitators are to move the discussion along. They have permission to limit any negative comments, to invite people to answer a question, to ask someone for their perspective, to limit the amount of time some people speak, and to move on to the next question.
4. **Help for the hurting:**
This is a supportive group, but it is not a support group or a therapy session. But if someone is really hurting, take a moment and have someone in the group specifically pray for them.

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