

## Single & Single-Again TUES NITES Meal, Message & Mixer

### LOVE – Healing and Grace

Jane Stolz' video teachings, handouts, and audio Mp3 files of messages will be online to share with others at

[www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

***“So do not throw away your confidence; it will be richly rewarded.”***  
(Hebrews 10:35 NIV)

### **So Where Do We Find Uncommon Courage?**

1. You need to **A**\_\_\_\_\_ God's Word as your authority.

**Hebrews 6:18** *“God has given both his promise and his oath. These two things are unchangeable because it is impossible for God to lie. Therefore, we who have fled to him for refuge can have great confidence as we hold to the hope that lies before us”* (NLT).

***You will build your life on either  
the World or the Word***

2. You need to spend **P**\_\_\_\_\_ time with Jesus.

*“The leaders saw that Peter and John were not afraid to speak, and they understood that these men had no special training or education. So they were amazed. Then they realized that Peter and John had been with Jesus”* (Acts 4:13 NCV).

***The more time you spend with  
Jesus, the less you are  
going to be intimidated by the  
opinions of others***

### **Your Future isn't Defined by Your Past**

*“...If God is for us, who can be against us?”*  
(Romans 8:31, NIV)

Don't Repeat the **H**\_\_\_\_\_. Delete It!

***“Whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your own failings and shortcomings and let them drop.”*** (Mark 11:25 AMP)

### **When people hurt us, we have two natural tendencies**

**R** \_\_\_\_\_

**R** \_\_\_\_\_

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*1 Corinthians 13:5 tell us to do: "Love keeps no record of being wronged" (NLT).*

#### **When we get hurt, we tend to repeat that hurt in three ways:**

**E** \_\_\_\_\_ in our minds

**R** \_\_\_\_\_ as a weapon

**P** \_\_\_\_\_ by telling other people

*"Whenever you stand praying, if you have anything against anyone, forgive him and let it drop (leave it, let it go), in order that your Father Who is in heaven may also forgive you your own failings and shortcomings and let them drop" (Mark 11:25 AMP).*

#### **Show Some Grace**

*"Love never stops being patient." 1 Corinthians 13:7a (GW)*

NO relationship will make it without **G** \_\_\_\_\_.

Romans 3:10 says, *"There is no one who always does what is right, not even one."*  
The Bible also says, *"If we say that we have no sin, we are only fooling ourselves and refusing to accept the truth."* 1 John 1:8 (LB).

**We have to extend grace to each other, because forgiveness is a two way street**

#### **Discussion Questions:**

- What things has the "list" made you think about for your future friendships/relationships?
- What hurt have you rehearsed over and over in your mind that you need to let go of today?
- Why do you think it's easier to nag about a mistake rather than forgive it? Is it really easier in the long run?
- What do you need to change about the way you respond to gossip?
  
- What is the difference in approving of others' mistakes and making allowances for their mistakes?
- From whom have you sought forgiveness? Have you also been willing to offer it to that person?
- How can you extend grace practically in your relationships today?