

Single & Single-Again TUES NITES Meal, Message & Mixer

LOVE – Don't Question It - Talk to God About It

Jane Stolz' video teachings, handouts, and audio Mp3 files of messages will be online to share with others at www.christiansinglesindenver.com

*"Get up, cry out in the night, even as the night begins.
Pour out your heart like water in prayer to the Lord." (Lamentations 2:19 NCV)*

Don't **S** _____ Your Pain, Tell God About It

God's love for you is bigger than all of your emotions!

The right response to unexplained tragedy

P _____ your heart out like water in prayer

*"You need to persevere so that when you have done the will of God,
you will receive what he has promised. For, 'In just a little while,
he who is coming will come and will not delay.'" (Hebrews 10:36-37 NIV)*

Why God Sometimes Says **N** _____ **Y** _____?

Delay is **NOT** a **D** _____

Part of becoming **S** _____ **M** _____ is learning the difference between
"no" and "not yet"

God's test of our patience: **WHY?**

So you'll know what's inside you, and you'll be able to know your level of
C _____.

God tests you so that you can know **H** _____ is **F** _____, even if the answers you
seek are delayed.

*"Then the people of Judah said, 'The work crews are worn out, and there is too much rubble.
We can't continue to rebuild the wall.'" (Nehemiah 4:10 GWT)*

How Can I **O** _____ Discouragement?

Discouragement is **C** _____!

Four reasons for discouragement:

1. You get **F** _____
2. You get **F** _____
3. You think you've **F** _____
4. When you give in to **F** _____, you get discouraged

The issue is not that you failed; it's how you respond to your failure.

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*“By helping each other with your troubles,
you truly obey the law of Christ.” (Galatians 6:2 NCV)*

Who Can You Call for Help?

When you go through disappointment or crisis or loss:

You need your **F** _____ the most

You need to **A** _____ help from others.

We **N** _____ each other.

Job 6:14 *“When desperate people give up on God Almighty,
their friends, at least, should stick with them” (MSG).*

“We don't know everything, and our prophecies are not complete.... Now all we can see of God is like a cloudy picture in a mirror. Later we will see him face to face. We don't know everything, but then we will, just as God completely understand us.” (1 Corinthians 13:9, 12 CEV)

God, Why Is This Happening to Me?

We have this misconception that if we understand the reason behind our pain, then it will make the pain easier.

You Need:

S _____

S _____

C _____ **& S** _____

*“I know that you can do anything, and no one can stop you. You asked,
'Who is this that questions my wisdom with such ignorance?' It is I — and I was talking about
things I knew nothing about, things far too wonderful for me.... I take back everything I said, and I
sit in dust and ashes to show my repentance.” (Job 42:1-3, 6 NLT)*

What to Do When It Makes **N** _____ Sense

What do you do in a situation where you can't see the whole picture, things aren't clear, and it makes no sense to you what's happening?

Remind yourself of the things about God that you do know

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Discussion Questions:

- Who is the first person you usually talk to about your troubles? Why do you trust that person?
- What have been the physical and emotional effects of keeping your anger to yourself?
- What do you need to wrestle with God about today?
- What request did you believe God answered with “no” to which he might actually be answering “not yet”? How will you respond?
- What do you think God wants you to do in the delay when he answers “not yet”?
- Rubble is the trivial things that waste your time and energy and prevent you from accomplishing what God has called you to do. What is the rubble in your life?
- How can you reduce negativity in your life that is keeping you discouraged?
- How does letting go of your “why” questions increase your faith?