

## Single & Single-Again TUES NITES Meal, Message & Mixer

### Our Self Esteem

Jane Stolz' video teachings, handouts, and audio Mp3 files of messages will be online to share with others at [www.christiansinglesindenver.com](http://www.christiansinglesindenver.com)

**Jeremiah 1: 4-10** *4 The word of the Lord came to me, saying, 5 "Before I formed you in the womb I knew you, before you were born I set you apart; I appointed you as a prophet to the nations." 6 "Alas, Sovereign Lord," I said, "I do not know how to speak; I am too young." 7 But the Lord said to me, "Do not say, 'I am too young.' You must go to everyone I send you to and say whatever I command you. 8 Do not be afraid of them, for I am with you and will rescue you," declares the Lord. 9 Then the Lord reached out his hand and touched my mouth and said to me, "I have put my words in your mouth. 10 See, today I appoint you over nations and kingdoms to uproot and tear down, to destroy and overthrow, to build and to plant."*

People think of God coming to them and saying something about what is **W** \_\_\_\_\_ with them.

People often associate the voice of God with a **G** \_\_\_\_\_ conscience.

But, more often, the voice of God comes to announce our extraordinary **W** \_\_\_\_\_ to God and his plan to use us.

What concerns me about the way we talk of self-esteem today is that it seems to be tied to our **A** \_\_\_\_\_.

The American culture places extreme value on outer **A** \_\_\_\_\_.

You may not seem like much in your own estimation, but it is who you are in **G** \_\_\_\_\_ eyes that matters.

He has a **P** \_\_\_\_\_ and **P** \_\_\_\_\_ for your life that is different from every other person who was ever created.

From our passage Jeremiah 1:4-10 I see three things -

1. An accurate view of yourself comes from an understanding of **G** \_\_\_\_\_ view of who you are.

**1 Cor 6:11** *"And that is what some of you were. But you were washed, you were sanctified, you were justified in the name of the Lord Jesus Christ and by the Spirit of our God"*

2. An accurate view of yourself comes from knowing the **T** \_\_\_\_\_ about who you are.

We are **N** \_\_\_\_\_ without God.

The truth is that **W** \_\_\_\_\_ God we are nothing, but **W** \_\_\_\_\_ him we are everything.

We were made for the **G** \_\_\_\_\_ of God, and that is where our self-esteem should come.

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3. An accurate view of yourself comes from a **H** \_\_\_\_\_ view of who you are.

**Matthew 11:29** *Jesus said, "Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls"*

Self-esteem comes from **H** \_\_\_\_\_, not pride

As we grow in God, we turn the **F** \_\_\_\_\_ away from ourselves and we focus upon God.

Don't worry about what you can't do, concentrate on what you **C** \_\_\_\_\_ do.

We are to be full of confidence, because God has **M** \_\_\_\_\_ us and has **C** \_\_\_\_\_ us to serve him.

**You are special because you are special to him.**

#### Discussion Questions:

1. Do you often associate the voice of God with a guilty conscience?
2. Regarding self-esteem today and telling our children and others that they can be whatever they want to be – what are your thoughts on this? How about for yourself?
3. The American culture places extreme value on outer appearance. We value youth, beauty, athletic ability, intelligence, education, wealth and fame. But what happens when you have it all and lose it? Have you personally lost it all? How does this affect you personally? How can it?
4. What are your goals in life today? How might this lesson change that? Or would it change?
5. Where do you think your lack of self-esteem might come from? Life? Family background? Broken relationship? Expand if needed.
6. What have you done to improve your lack of self-esteem?
7. What did you find most helpful tonight?